

FREE ADVICE TO SICK WOMEN

Thousands Have Been Helped
By Common Sense
Suggestions.

Women suffering from any form of female ills are invited to communicate promptly with the woman's private correspondence department of the Lydia E. Pinkham Medicine Co., Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence. A woman can freely talk of her private illness to a woman; thus has been established a confidential correspondence which has extended over many years and which has never been broken. Never have they published a testimonial or used a letter without the written consent of a writer, and never has the Company allowed these confidential letters to get out of their possession, as the hundreds of thousands of them in their files will attest.

Out of the vast volume of experience which they have to draw from, it is more than possible that they possess the very knowledge needed in your case. Nothing is asked in return except your good will, and their advice has helped thousands. Surely any woman, rich or poor, should be glad to take advantage of this generous offer of assistance. Address Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass.

Every woman ought to have Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for it today.



Rheumatic Twinges

yield immediately to Sloan's Liniment. It relieves aching and swollen parts instantly. Reduces inflammation and quiets that agonizing pain. Don't rub—it penetrates.

SLOAN'S LINIMENT Kills Pain

gives quick relief from chest and throat affections. Have you tried Sloan's? Here's what others say:

Relief from Rheumatism
"My mother has used one 50c. bottle of Sloan's Liniment, and although she is over 83 years of age, she has obtained great relief from her rheumatism."—Mrs. M. E. Lindsey, Glady, Cal.

Good for Cold and Croup
"A little boy next door had croup. I gave the mother Sloan's Liniment to try. She gave him three drops on sugar before going to bed, and he got up without the croup in the morning."—Mr. H. C. Strong, 1741 Elmwood Ave., Chicago, Ill.

Neuralgia Gone
"Sloan's Liniment is the best medicine in the world. It has relieved me of neuralgia. Those pains have all gone and I can truly say your Liniment did stop them."—Mrs. C. M. Dowler of Johnstown, Mich.

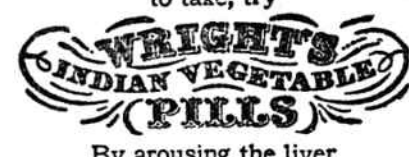
At all Dealers. Price 25c., 50c. & \$1.00
Sloan's Instructional Booklet on Rheumatism sent free.
DR. EARL S. SLOAN, INC., BOSTON, MASS.

Whittemore's Shoe Polishes



WILT EDGE the only ladies' shoe dressing that polishes, shines and shines without rubbing. 25c. "French Gloss," 10c.
STARK combination for cleaning and polishing all kinds of rubber or tan shoes. "Dandy" size 25c.
"QUICK WHITE" (in liquid form with sponge) quickly cleans and whitens dirty canvas shoes. 10c. and 25c.
BABY ELITE combination for gentlemen who take pride in having their shoes look like new. Restores color and lustre to all black shoes. Polish with a brush or cloth. 10c. "Elite" size 25c.
If your dealer does not keep the kind you want, send in the coupon for a full size package, charges paid.
WHITTEMORE BROS. & CO.
20-26 Albany St., Cambridge, Mass.
The Oldest and Largest Manufacturers of Shoe Polishes in the World

BEGIN NOW If you have not decided upon what Spring Medicine to take, try



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INDIAN VEGETABLE
PILLS**
By arousing the liver
They cleanse the system of accumulated
impurities and

PURIFY THE BLOOD
TYPEWRITERS
New, rebuilt and second hand. \$17.50
up and guaranteed satisfactory. We
sell supplies for all makes. We
repair all makes.
J. E. CLAYTON & COMPANY, Charlotte, N.C.

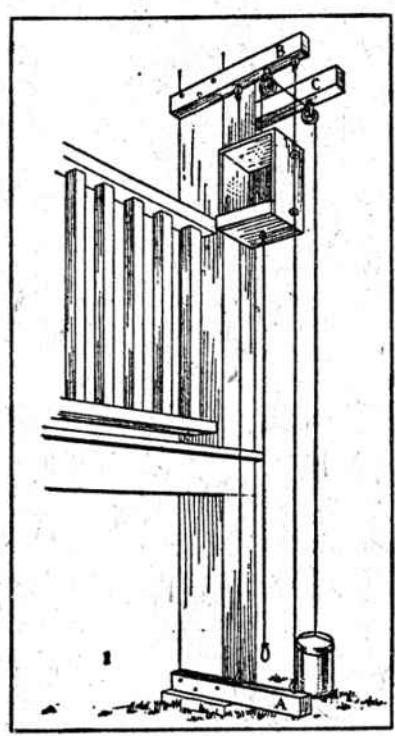
Pettit's Eye Salve QUICK RELIEF
EYE TROUBLES
PISO'S REMEDY
Best Cough Syrup. Tastes Good. Use
in time. Sold by Druggists.
FOR COUGHS AND COLDS

For Handy Boys and Girls to Make and Do

By A. NEELY HALL.

A TOY ELEVATOR.
If there is a kitchen porch to your house, it will be easiest to build the toy elevator to run from the ground up to that porch, as illustrated in Fig. 1; and if you live in an upper story of an apartment building, your elevator can be made to run to a much greater height, which, of course, will be a great deal more fun. It will save considerable work to use the porch, because for one thing you will not have to build an upper platform to stand upon to reach the elevator car when it runs to the top, and the supports for the elevator cables and guides can be fastened directly to one of the porch posts.

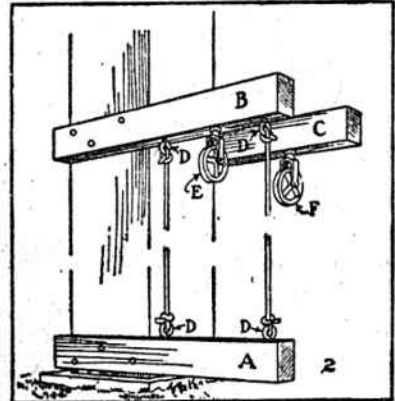
Figure 2 shows a large detail of the supports for the elevator cables and guides. Cross strips A, B and C should be 18 or 20 inches long, about 2 inches wide, and 1 inch thick. At a distance of about 1 inch from one end of strips A and B, screw a screw-eye into one edge, and 8 inches from these eyes screw a second screw-eye (D, Fig. 2). Screw-eyes with 1/4-inch eyes are large enough. A dozen of these can be bought at the hardware store for 5 cents. The elevator guides are fastened to them. Besides the screw-eyes you must have two clothes-



line pulleys. These will cost 5 cents each. Screw one pulley into the edge of strip B, half-way between the two screw-eyes D (E, Fig. 2), the other into an edge of strip C at the same distance from the end that you have placed the pulley in strip B (F, Fig. 2).

Nail strip A to the porch post as close to the ground as you can get it, strip B to the same face of the same post, about 10 inches above the porch railing, and strip C to the opposite face of the post at the same height as strip B. Nail these strips securely so they will be firm.

If you cannot find a small box in the house out of which to make the elevator car, go to the grocery store and

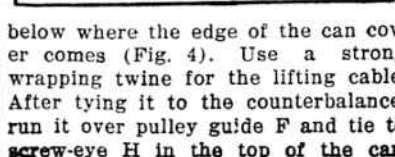


you will be able to find just what you want among the grocer's empty boxes. It is not likely that he will charge you anything for the box. If you have placed screw-eyes D 8 inches apart, as directed, the width of the box should be a trifle less than this measurement. Of course, you can space screw-eyes D further apart than this if the box you obtain is more than 8 inches wide.

Figure 3 shows how the box is made into a car. Screw two screw-eyes into each side of the box, one over the other, as shown at G, for the elevator guides to run through, screw another into the exact center of the top of the box (H), to tie the hoisting cable to, and screw another into the exact center of the bottom of the box to tie the lowering cable to. Nail a narrow strip across the open front of the car, at the bottom, to keep things from falling out.

Get a heavy wrapping twine or some stovepipe wire, for the elevator guides. Attach them to screw-eyes D in strip B, first, drop them to the ground, slip them through screw-eyes G in the sides of the car, and then fasten to screw-eyes D in strip A.

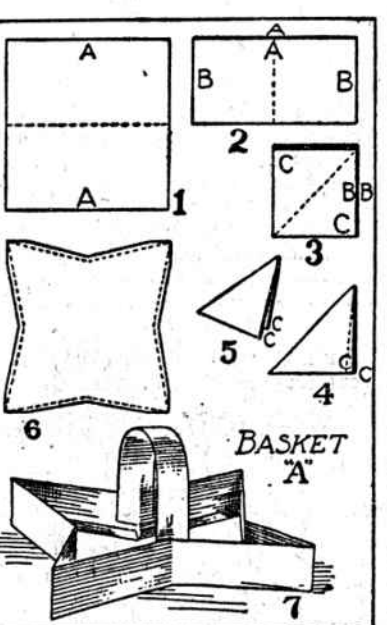
The counterbalance is a one-pound size baking-powder can filled with earth, sand or small stones. Fasten the lifting cable through holes punched in opposite sides of the can, just below where the edge of the can comes (Fig. 4). Use a strong wrapping twine for the lifting cable. After tying it to the counterbalance, run it over pulley guide F and tie to screw-eye H in the top of the car.



By DOROTHY PERKINS.

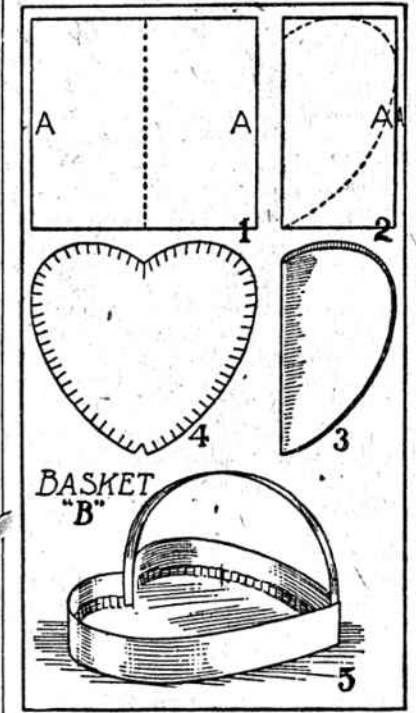
CANDY BASKETS.
The three pretty little baskets shown in the illustrations are splendid receptacles for candy dainties for the dinner table. Use heavy writing paper or light-weight cardboard for working material. If you can get tinted paper, your baskets will be so much the prettier.

For Basket "A" cut a piece of paper 5 inches square (Fig. 1). Fold the

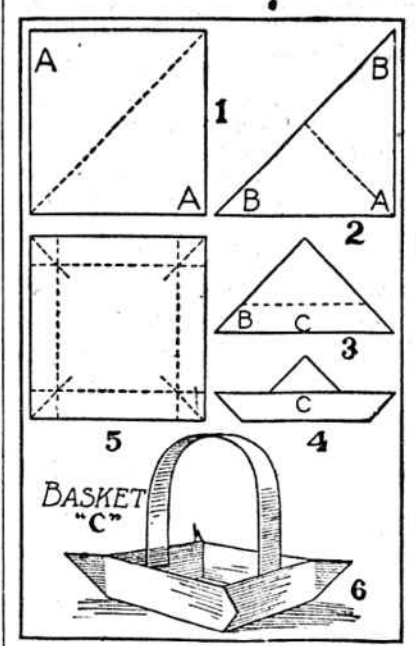


piece in half, with edges A together (Fig. 2), fold it in half again with edges B together (Fig. 3), and fold corner C over to corner C' (Fig. 4). Then with a pair of scissors cut off corners C as shown in Fig. 5. Unfold the paper and it will have the form shown in Fig. 6. This is the basket bottom. Turn up the edges all around, folding along the dotted line shown in Fig. 6, and to these upturned edges paste a strip of paper 1 1/4 inches wide and 23 inches long for the sides of the basket. Bend this side strip so as to make it conform to the shape of the basket bottom. The basket handle is a paper strip 8 inches long and 3/4 inches wide, and its ends are pasted to the basket sides.

Basket "B" has a heart-shaped bottom cut out of a piece of paper 5 inches by 5 1/2 inches in size (Fig. 1). Fold the paper in half with edges A



together (Fig. 2), then mark out one-half of a heart on one side of the folded piece, as indicated by the dotted line in Fig. 2, and cut out along the line (Fig. 3). Unfold the piece (Fig. 4), and slash the edge all around with a pair of scissors, making the slashes 1/4 inch long. Turn up the little pieces between the slashes, and paste them to a strip of paper 1 1/4 inches wide and 17 1/4 inches long, bent around the heart-shaped piece to form the basket



sides (Fig. 5). The handle is of the same size as that on basket "A."

Basket "C" is made from a square of paper measuring 5 1/2 inches. Fold this square in half diagonally, with corners A together (Figs. 1 and 2), then into quarters by bringing corners B together (Figs. 2 and 3), and then fold over 1 inch of edge C as shown in Fig. 4. Open a piece of paper, and you will find a great many creases in it. The dotted lines in Fig. 5 show only the creases that are needed. Turn up the edges along the creases that run parallel to the edges. Then put some paste upon the inside faces of the corners, and pinch together so each corner will stand out as shown in Fig. 6. Make the handle of a strip of paper 3/4 inch wide and 9 inches long.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Director of Evening Department, The Moody Bible Institute, Chicago.)

LESSON FOR MARCH 15

LAWFUL USE OF THE SABBATH.

LESSON TEXT—Luke 13:10-17; 14:1-6. GOLDEN TEXT—"The Sabbath was made for man and not man for the Sabbath."—Mark 2:27.

These two sections of scripture have been chosen that we might emphasize the truth of the golden text which can correctly be translated, "The Sabbath was brought into being on account of man, and not man on account of the Sabbath."

There are two extremes of thought and action as regards the Christian Sabbath. One is to make it a holiday, the other to make it a holy-day, to worship the day as though it possessed some secret sacredness thereby forgetting the author of the day. A study of what Jesus taught will check laxity on the one hand and correct fanatical error on the other.

Contrast Shown.

I. Jesus losing the woman, 13:10-17. This incident is a strong contrast between God's mercy and man's lack of mercy. Satan was to blame for the woman's illness (v. 16) and at the same time for the hardness of the hearts of these men. The incident occurred in a synagogue and displeased the leaders. As if to rebuke them Jesus not only spoke the word of relief but also touched her, causing an instantaneous and a complete cure. Her response was to glorify God. The sight of this satanic captive acted in contrast upon Jesus and the ruled of the synagogue. Compassion and an utter lack of sympathy. More care for legalism than for the relief of one created in God's image. Jesus seems to have acted speedily and is today calling the unfortunate to him to be healed and comforted, Matt. 11:28-30. Jesus could have healed by a word only, John 5:40-43, but there is power also in the loving touch, which in this case quickened her faith (v. 18). The record does not suggest that her cure was in response to her faith as was the case in other cures, Matt. 8:10; 15:28. If the ruler had had a heart of compassion he too would have rejoiced at the cure, but he cared more for ceremonial ecclesiasticism than for the good of the worshipers and his emotion was that of indignation rather than that of joy. A religion that is more concerned with bondage to the beggarly elements, the observance of days (Gal. 4:9-11) is here denounced as hypocrisy (vv. 15, 16). It is to have more interest in property than in human souls. Oftentimes hatred for those who do not agree with us is covered up by a false fanatical pretended jealousy for the law of God. All sickness is in its essence the result of sin (Acts 10:38). But God is superior and can use it to our good, II. Cor. 12:7-9; John 9:2, 3. Dr. Torrey suggests six steps in this woman's healing: (1) She went to the place of worship; (2) she found the Lord there; (3) he spoke to her; (4) he touched her; (5) she was healed; (6) she gave God the glory. Our Lord declared to this ruler (v. 15) that the claims of humanity are superior to their acts toward cattle even as illustrated by the case of this woman who was a daughter of Abraham.

Love's Attribute.

II. Jesus healing the man, 14:1-6. In this incident the question of the Sabbath is raised by Jesus himself, evidently in answer to their mental attitude, for "they watched him" (v. 1). Receiving no reply, Jesus first healed the man and then again reminded them of the care they gave their cattle. Jesus plainly implies that if they give care to an ox or an ass on the Sabbath, how can it possibly be wrong to relieve humanity on the Sabbath? Mercy and love are superior to ceremonial though these be of divine appointment. The reasoning is clear. Love is an attribute of God's character, I. John 4:8, and therefore his own ceremonies must give way before the activities and energies of his being. Thus to act upon the principles that concern the value of an "ox or an ass" is to allow the lower to control the higher, for a man is of more value than the ox. These Pharisees were exceedingly religious, great for the "letter of the law," but they were dried up at heart, and consequently far worse off than the man with the dropsy. It is small wonder then that the master's reply should silence them so "they could not answer him."

The Teaching.—It is true that fundamentally the Sabbath idea is one of worship and rest, but the reason for its existence is because of man's need of that rest. That true rest can be found only in a true and intelligent spiritual fellowship with God. Anything, therefore, that interferes with or hinders rest breaks the Sabbath and should be removed in order that the Sabbath intention may be observed. These men were justified in leading an ox or an ass to water on the Sabbath or to rescue one in peril. On the same principle any work which enables men to enter into a Sabbath rest is not only justifiable but necessary in the interest of the Sabbath itself. They cared for cattle only as cattle, their property; we must care for men for their own sakes and in his interest and behalf.

The Sabbath must never be desecrated by being made an instrument of harm to man. It is always desecrated when, in the presence of human need, we decline to render service on the plea of the sanctity of the day. A false ceremonial sanctity of any particular day must never be permitted to destroy the underlying, the truly essential, sanction and authority for a Sabbath rest. Physically we do not each night fully regain our lost energy and need the seventh day to balance the account. Spiritually we need the strength that comes from the Sabbath day's rest, Isa. 30:15.

There's a Reason for Postum.
—sold by Grocers.

Feel All Used Up?

Ever feel that you can go no further—that you must have rest for that lame and aching back—relief from that constant, dead-tired feeling?

Have you suspected your kidneys? Kidney disease shows itself in backache, nervous troubles and disorders of the kidney secretions. If tired, worried, lame, rheumatic, dizzy and nervous don't let a possible weakness of the kidneys escape attention until it turns into a case of gravel, dropsy or Bright's disease.

Sick kidneys go from bad to worse. Their useful work of filtering the blood is only partly done. Poisons that should be passed out with the kidney secretions are held in the blood, circulating freely, attacking muscles, nerves and vital organs. The kidneys inflame, swell and throb, and that is the cause of sharp pains in the back, or that dull, constant heavy ache.

For quick help use Doan's Kidney Pills. No other kidney remedy is used and recommended so generally. Take them when you feel the first bad backache, or see the first disturbance of the kidney secretions. Doan's have



"What will help my back?"

"brought new life and strength to thousands of despairing men and women, and there is nothing in the remedy to cause any harm or start a pill-taking habit."

Here's the best of proof—testimony from a grateful user.

GIVEN UP TO DIE

Kidney Disease Brought on a Complete Collapse.

Oliver Chappell, R. F. D. No. 3, Horseheads, N. Y., says: "Kidney trouble came on me suddenly and I didn't realize its seriousness until I collapsed. Four doctors treated me but none of their medicines did me the least bit of good. I was so bad that all one summer I had to sleep out doors in a hammock, bolstered up with pillows. I had to get up about twenty times at night to pass the kidney secretions. When I was well, I weighed one hundred seventy pounds, but the illness brought me down to one hundred pounds. My hands were numb and I couldn't do a bit of good. I was so bad that I was in constant pain. My sister told me to try Doan's Kidney Pills and the first box helped me. I want so nervous and I felt better. As I kept on taking the remedy, I got back my weight and I felt like a different man. Doan's Kidney Pills put me on my feet so that I could work; they saved my life."



Doan's Kidney Pills
Sold by all Dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y., Proprietors.

Easily Bought.
Mrs. Cash—Mrs. De Style has so much aplomb about her dresses.
Mrs. Coupe—Then I'm going to ask my dressmaker why she don't put none of it in mine.

DEEP CRACKS ON JOINTS

P. O. Box 378, El Paso, Texas.—"My trouble began December, 1911. It commenced on me by causing a scurf-like skin and my toe joints, finger joints and lips commenced to crack and split open. My finger cracks would bleed all day long; the cracks were very deep and my thumb seemed to be cracked to the bone. My hands were so bad that I had to sleep with gloves on. The cracks in my lips would bleed often during the day and I used to put adhesive plaster across them to try to keep them closed. My toes would bleed, and I would find blood in my socks when the day's work was done. The skin around the cracks was red and inflamed. I wore shoes one size too large on account of my feet being so sore. I used to become frantic with pain at times. My hands and feet used to smart.

"I suffered agony for four months. I went to town and got some Cuticura Soap and Ointment. From the time I commenced with the Cuticura Soap and Ointment until completely cured was just nineteen days." (Signed) Jack Harrison, Nov. 19, 1912.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address postcard "Cuticura, Dept. L, Boston."—Adv.

Couldn't Find It.
Albert was sent down by his mother to get some horse-radish which she needed about her pickles.

After quite an absence he came back home, tired and empty-handed. "Well, where is the horse-radish?" asked his mother.

"Why, mother, I went to every livery-stable in town and they didn't have a bit," murmured Albert with a weary sigh.

Felt He Had Been Defrauded.
Till, a dear little French girl, had yielded to a small temptation. Her stern little brother, Caillou, exposed her at the luncheon table.

"Mamma, when we went by the grocer's shop this morning Till picked up two strawberries that had fallen from the box on to the sidewalk and ate them. Was that a sin?"

"Well, not a sin, exactly, but not very nice or hygienic. I hope neither of you will ever do such a thing again."

"Are you sure it wasn't a sin, mamma?"

"Yes, dear," smiling, "I'm sure it wasn't a sin."

"Then," angrily demanded Caillou, turning upon Till like a little whirlwind, "why didn't you give me one?"

When the fool killer wants a little practice he looks for the man who knows it all.

NO GUSHER
But Tells Facts About Postum.

A Wis. lady found an easy and safe way out of the ills caused by coffee. She says:

"We quit coffee and have used Postum for the past eight years, and drink it nearly every meal. We never tire of it."

For several years previous to quitting coffee I could scarcely eat anything on account of dyspepsia, bloating after meals, palpitation, sick headache—in fact was in such misery and distress I tried living on hot water and toast.

"Hearing of Postum I began drinking it and found it delicious. My ailments disappeared, and now I can eat anything I want without trouble."

An Excuse.
"How on earth can you split the infinitive as you do?"
"You see, I was chopping logic."

CHILLS AND FEVER AND AGUE
Are Promptly Cured by Ellixir Babek. I recommend "Ellixir Babek" to all sufferers of Malaria and Chills. Have suffered for several years, have tried everything, but failed, until I came across your wonderful medicine. Can truly say it has cured me." George Innes, Company G, 4th Battalion, Ellixir Babek 50 cents, all druggists or by Parcel Post prepaid from Kloczewski & Co., Washington, D. C.

The trouble about taking a chance is that you can't always put it back where you found it.

Only One "BROMO QUININE"
To get the genuine, call for full name, LAXATIVE BROMO QUININE. Look for signature of E. W. GROVE. Cures a Cold in One Day. 25c.

If a man doesn't want to be spoiled by success let him get a job with the weather bureau.

For hot grease burns apply Hanford's Balsam lightly until the fire is extracted. Adv.

Six months after marriage a woman begins to feel a kindly interest in the man she could have married, but didn't.

Putnam Fadeless Dyes make no muss. Adv.

Poverty makes it easy to live the simple life.

For corks use Hanford's Balsam. Adv.

The girl with a broken heart generally manages to save a few pieces.

From Girlhood

Dr. Pierce's Favorite Prescription

is a regular enemy to the physical weaknesses of woman. A medicine prepared by regular graduated physician of unusual experience in treating woman's diseases—carefully adapted to work in harmony with the most delicate feminine constitution.

It is now obtainable in liquid or sugar-coated tablet form at the drug store—or send 50-cent stamp for a trial box, to Buffalo.

Every woman may write fully and confidentially to Dr. Pierce and his staff of physicians and Specialists at the "Invaluable" Hotel and Surgical Institute, Buffalo, N. Y., and may be sure that her case will receive careful, experienced, confidential consideration, and that conscientious medical advice will be given to her free.

DR. PIERCE'S PLEASANT PELLETS regulate and invigorate stomach, liver and bowels. Sugar coated, tiny granules easy to take as candy.

to Womanhood

Tobacco brings big profits on an investment in fertilizer containing enough

POTASH

The right fertilizer means more to quality in tobacco than in any other crop.

Ten per cent Potash in the form of Sulfate makes the tobacco fertilizer right. It puts into the soil the finer stroma, better texture and smoother burning quality than bring top prices.

Every 20-lb. bag of Sulfate of Potash increases the Potash total in a ton of fertilizer 5 per cent.

We sell Potash in any amount from a 20-lb. bag up. Write for prices and formulas, for Potash Pays.

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San Francisco, 35 California St. Atlanta, Empire Bldg.

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A New District Just Discovered

A Thousand Tobacco Growers Wanted

In the celebrated Sand Hill section of the Old North State.

United States Government Experts

have made careful examination of the soil and tobacco already grown in this district and announce growing conditions unequalled and the tobacco to be of exceptionally high grade and value.

The sands of acres waiting for growers. Nearly four counties of crop land. Good tobacco markets now being established. Splendid railroad service. Lands today selling at low prices. Quick buyers will get the bargains.

Write for maps and descriptive information. Address B. E. RICE, General Industrial Agent, Dept. 10

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